





The INA recommends that Newborn Care Specialists keep detailed journals with details on care for the infant or baby, as well as other nursery duties such as, but not limited to:

- Feedings and medications
- Infant or baby laundry
- Emptying nursery trash bin
- Sterilization of bottles and breast pump parts

The INA recommends that Newborn Care Specialist follow the guidelines provided by the American Academy of Pediatrics or the respected pediatric resource or governing body in the country in which they are based, and to educate parents on these guidelines.

The INA recommends that Newborn Care Specialists acknowledge that parents may disagree with recommendations for the care of children. In that event, it is recommended that both parties discuss these differences. If they are unable to resolve the disagreement, the Newborn Care Specialist should either follow the parent's instructions (utilizing written instructions and a liability release which states that the parents shall assume all responsibilities for the resulting decisions) or remove themselves from the position in a professional manner, in accordance with their contract terms.

The INA recommends that Newborn Care Specialists recognize that each newborn or infant in their care is a unique individual. Newborn Care Specialists are encouraged to create an environment that fosters each newborn's growth and development.

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The INA recommends that Newborn Care Specialists show good judgment in maintaining confidentiality about the private lives of the families for whom they work.

The INA recommends that Newborn Care Specialists remain neutral when providing information and resources, and support the parent's decisions regarding their newborn in a supportive, non-judgemental fashion. The INA also reco